

# Slides

[Unleashing the Power of Plant-based Diets Maryland Oct 2018](#)  
(10/29/2018) -

[Are milk, meat and fish nutritional necessities Portland VegFest 2018 – Oct](#) (10/29/2018) -

[Low CHO Diets 2018](#) (10/29/2018) -

[Brenda Davis and Bruce Monger Vegetarian Nutrition FNCE 2015](#)  
(10/14/2015) -

[Why I am a plant-based eater](#) (2/27/2015) -

[Paleo Diet OHF Public 2015](#) (2/27/2015) -

[Designing an Optimal Plant-based Diet – Food as Medicine](#)  
(2/27/2015) -

[Defeating Diabetes](#) (2/27/2015) -

[Cutting Edge Vegetarian Nutrition](#) (2/27/2015) -

[Cardiac Counterattack 2014](#) (2/27/2015) -

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